

OUR REHAB PROGRAM

We hope that you select Provena McAuley Manor for your Short-Term Medicare Rehab services. Our physical, occupational, and speech therapies use a comprehensive team approach that focuses on an individual plan of care.

Physical Therapy increases:

- Strengthening
- Ambulation
- Balance
- Gait Training
- Transfer Techniques

Occupational Therapy focuses on:

- Activities of Daily Living (dressing, grooming, hygiene, etc.)
- Community Reintegration Skills (life skills such as cooking, etc.)
- Training in Fine Motor Skills (including compensatory eating skills)
- Splinting and Positioning

Speech Therapy enhances:

- Communication Skills
- Retraining in Cognitive Skills
- Swallowing Skills



Short-Term Medicare Rehab Program

Provena McAuley Manor
400 West Sullivan Road
Aurora, IL 60506



630.859.3700

| www.provena.org/mcauley



Short-Term Medicare Rehab Program



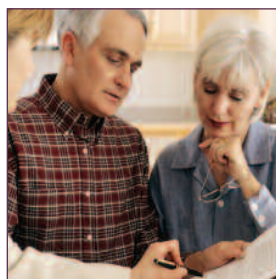
A STEP BY STEP GUIDE THAT TAKES YOU FROM THE HOSPITAL TO REHAB AND BACK HOME AGAIN.



powerful
healing.

Short-Term Medicare Rehab Program

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After elective surgery such as knee or hip replacement, your physician may recommend a short-term rehab stay before returning home. Don't wait until your hospital admission day to select where you will receive your rehab services.

Provena McAuley Manor is a recognized leader in providing Short-Term Medicare Rehab services. We can assist you with your pre-admission even before you enter the hospital. From assisting you with the application process to explaining your Medicare and insurance benefits, Provena is here for you every step of the way.

step 1

PRE-ADMISSION PLANNING

Recognizing that our patients may feel unsure about the transition from the hospital to our rehab program, we have implemented a pre-admission service.

Pre-admission into our Short-Term Medicare Rehab Program includes:

- Tour of our rehab center
- Introduction to our therapy staff
- Discussion of Medicare or insurance benefits from our admissions specialist
- Completion of pre-admission process, which includes:
 - Filling out an application
 - Completing or scheduling a date to finalize your admission paperwork
 - Providing a copy of your Medicare and insurance cards, power of attorney or other legal documents related to your care
 - Setting a target arrival date

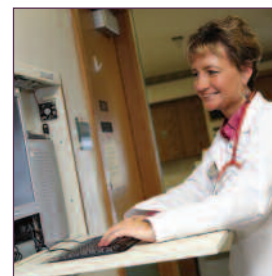
We encourage you to keep in contact with us should your hospital stay change by calling (630) 859-3700.

step 2

TRANSITION FROM THE HOSPITAL

Your physician and the hospital staff have determined that you no longer require hospital services, but could benefit from continued therapy and nursing care to regain your health, strength, and function. Our rehab team will help you reach your potential for a full and active lifestyle.

Once you select Provena McAuley Manor for your rehab services, the hospital staff will communicate with our admissions department to ensure an easy transition from the hospital to our Short-Term Medicare Rehab Program. The hospital staff will arrange transportation, set a departure time, and provide us with physician orders for your care. Our nursing staff will prepare for your arrival by ordering your medication and equipment.



step 3

UPON ARRIVAL

When you arrive at Provena McAuley Manor, you will be greeted by our friendly receptionist and will be taken to your room where you can settle in. Our nursing department will complete your admission evaluation and orientation.

Our Short-Term Medicare Rehab Program offers a comfortable and well-equipped environment; the perfect setting until your transition back home. To make your stay comfortable, consider bringing with you the following items:

- Clothing - including comfortable garments for therapy, pajamas, undergarments, socks and shoes
- Toiletries - including comb/brush, tooth brush, toothpaste, deodorant, and cosmetics
- Personal photos, blanket, or other favorite items
- Medicare and insurance cards

step 4

INDIVIDUAL PLAN OF CARE

A *physician* will supervise all aspects of your care. The visits from your physician will be less frequent in the rehab center; however you can be assured that we will keep your physician informed of your medical needs.

Our *professional nursing staff* will be available on admission and then 24-hours-a-day for ongoing assessments of your condition and care. You will be invited to participate in an individual Care Plan to discuss the decisions that affect your stay.

A *therapist* will meet with you to complete your therapy evaluation. You may receive physical, occupational, and/or speech therapy. Services will be delivered based on your individual need and tolerance level.

A *physiatrist* (rehab physician) may be utilized in your plan of care to address issues such as pain or other health factors that may impact your ability to maximize your potential in therapy.



step 5

AT THE END OF YOUR STAY

When you near completion of your rehab program, our Social Services Department will coordinate discharge plans that may include:

- Resources for home health services
- Resources for community services
- Durable medical equipment
- Alternative living environment